

HEALTH COACHING AGREEMENT

What is a Health Coach Agreement?

A health coach is similar to a personal trainer, we are here to educate and support the client's goals in an ongoing, professional relationship.

As my client, I ask that you remain under the ongoing care of a medical professional and that any major lifestyle choices including diet and exercise shall always be discussed with your medical partners. It is my heart's desire to come alongside you, support you, encourage you and educate you so that you can live the quality of life that you choose, but ultimately you alone assume responsibility for the results and outcome of your own health. I ask that you give me permission to be honest and direct in our sessions together as sometimes changes in our life can be a struggle to make. I also ask that you understand fully that I am not acting in the capacity of a medical professional or licensed therapist and in no way am replacing your current treatment/sessions. Client shall hold Jackie Beauchamp harmless from and against claims of liability and bodily injury as a result of dietary, exercise or other changes made my client. I look forward to working with you and can't wait to see where this journey takes you! It is my joy and honor to serve you.

Jackie

CLIENT INFORMATION – TELL ME ABOUT YOU!

Name		Date
Address		Current Health Concerns:
Phone	<input type="checkbox"/> Cell <input type="checkbox"/> Home	
E-mail		
Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female	

AGREED UPON SERVICES

- | | |
|--|--|
| <input type="checkbox"/> Pantry / Fridge Makeover | <input type="checkbox"/> Online E Workshop |
| <input type="checkbox"/> Recipe Substitution | <input type="checkbox"/> Other as described: |
| <input type="checkbox"/> Grocery Shopping Assistance | |

FEE SCHEDULE

Consultations are complimentary

Agreed Upon Fee Schedule:

\$ _____ per hour
\$ _____ per session for aprox. _____ minutes
\$ _____ per month for services to be rendered as described below:

Notes:

AGREEMENT

1. Invoices shall be emailed to client upon completion of agreed upon services and paid within 14 days of invoicing.
2. Late Charge of \$10 shall apply if payment is not received within 14 days.
3. By submitting this application, you authorize Jackie Beauchamp to act in the capacity agreed upon in this agreement.
4. Agreement may be cancelled by either party at any time, without any prior notice. Please email desire to cancel services to: jbeauchamp2@yahoo.com
5. Call procedure: Client and Coach shall maintain a professional relationship and agree in advance upon session call times.

SIGNATURES

Client Signature		Coach Signature	
Name Printed		Name Printed	
Date		Date	

Jackie Beauchamp
Jbeauchamp2@yahoo.com
Cell 714-595-8328